

## Henry Rollins

### "Lost and Found"

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I try to tell myself  
that all this shit is gonna make me strong  
a feeling that I get  
makes me think I'm being pulled along  
conviction a'you say I'm right  
the truth says to me

that I'm wrong, that I'm wrong,  
that I'm wrong, that I'm wrong.

Well I try to lose myself  
I'm walking down the street with my eyes to the ground  
someone calls my name  
and my head turns back 'cos I know I've been found  
and I've got nothin' to say  
they tell me to relax they say your so

tightly wound, tightly wound,  
tightly wound, tightly wound.

I try to find myself  
but I end up feeling like someone else  
I'm walkin' up and down  
I'm lost again, found again, lost again, found  
feeling so alone  
though it seems I'm never

on my own, on my own,  
on my own, on my own.

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