

Heather Nova "Virus Of The Mind"

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Well, I was watching this talk show the other day
And on it there was this guy and he was saying
When you let other people tell you what's right
When you leave your instinct and your own truth behind

That's a virus of the mind
That's a virus of the mind

Well, I guess it's kind of like losing your sight
For a second you feel that they might be right
And it feeds the doubts that you have inside
And almost starts to feel like a crime
To follow your own rhythm and rhyme

I'm pretty happy
Living in my, my own sweet time, living in my
Yeah, I'm pretty happy
And I don't need your virus of the mind
Your virus of the mind

Well, I went to this party thing last night
A lot of people I hadn't seen in a long, long time
And they wanted to know about my life
But making me feel like it wasn't quite right
Like, "Where's your kids and where's your car?"
I said I don't have either but I have a guitar

And I ended up feeling like I was a freak
So I found some wine and something to eat
And I talked to the dog to pass the time
I told myself I'm doing just fine

It's just a virus of the mind
It's just a virus of the mind

I'm pretty happy
Living in my, my own sweet time, living in my
Yeah, I'm pretty happy
And I don't need your virus of the mind
Your virus of the mind

It's in the deep of your soul

It's on the tip of your tongue
It's in the feeling you get when you feel young

It's in the sound of the beat
It's in the base of your spine
It's in your gut reaction, yeah, every time

They tell you what you should have
They tell you who you should be
It's in the TV and ads and in the magazines

I'm kicking it off like a bug in the breeze
'Cause is anyone out there inside me?
I say is anyone out there inside me?
I say is anyone?

I'm pretty happy
Living in my, my own sweet time, living in my
Yeah, I'm pretty happy
And I don't need your virus of the mind

I'm pretty happy
Living in my, my own sweet time, living in my
Yeah, I'm pretty happy
And I don't need your virus of the mind
Your virus of the mind, no no, no no

(Mind, mind)
No no, no no, I don't need it
(Mind, mind)
No no, no no, don't you feel it?
(Mind, mind)
No, no, no, no, no, no

(Of the mind, of the mind)
It's in your mind
It's in your mind

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