

## Hate Plow

### "Self-Defence"

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Life's sicker than you thought  
So get up and face the facts  
Keep fighting if you have failed  
And one day the shit will end ? My friend

Tear down the walls  
Wake up ? Fight back ? Demand your life!  
Tear down the walls  
Wake up ? Fight back ? Demand your life!

Self ? Defence is no offence!  
Self ? Defence is no offence!  
So what!  
Fuckin' what!

Like diggers ? The face in the dirt  
The pressure dwells in your head  
Where's your pride ? Your will to live?  
Try to fight for every breath you take!

Tear down the walls  
Wake up ? Fight back ? Demand your life!  
Tear down the walls  
Wake up ? Fight back ? Demand your life!

Self ? Defence is no offence!  
Self ? Defence is no offence!  
So what!  
Fuckin' what!

Blind leading the blind  
We're puppets in our life  
Deep inside it's growling in my head  
Why can't I win in this fuckin' game called life?  
It is sad ? Sad but true!

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