

## Brocas Helm

### "Cast Into Torment"

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Placed in a large iron hop hinged in two halves hands  
Bound behind the back  
Forced to kneel on the lower half with the executioner  
Straddling the victim

Turning and tightening the screw clamping down the  
other  
Section immovable agonizing  
Pain begins anew

Pressing the body evercloser sweat and tears fill the  
Eyes a slow swelling  
Of the throat muffling the cries chest against the knees  
Stomach against the thighs  
Spine slowly dislocated breastbone and ribs obliterated

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