## Grey Daze "And one"

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Where should I start?
Disjointed heart
I've got no commitment
To my own flesh and blood
Left all alone
Far from my home
No one to hear me, to heal my ill heart, I

Keep it locked up inside

Cannot express
To the point I've regressed, if
Anger's a gift, then I guess I've been blessed, I

Keep it locked up inside Keep my distance from your lies

It's too late to love me now You have more to show me It's too late to love me now You don't even know me

Breakin' a part of my heart to find release Taking you out of my blood to bring me peace Breakin' a part of my heart to find release Taking you out of my blood to bring me peace

Breakin' a part of my heart to find release (Break)
Taking you out of my blood to bring me peace (Me)
Breakin' a part of my heart to find release (Too)
Taking you out of my blood to bring me peace

Keep it locked up inside Keep my distance from your lies

Breakin' a part of my heart to find release (Break)
Taking you out of my blood to bring me peace (Me)
Breakin' a part of my heart to find release (Too!)
Taking you out of my blood to bring me peace
Breakin' a part of my heart to find release
Taking you out of my blood to bring me peace

Breakin' a part of my heart to find release Taking you out of my blood to bring me peace

Keep my distance (x4)

Spit drips from the jaw of the witless witness Cryptic colloquialism shifts your midrift Dark all I do embark the shadows Involved with my thought catalog, analogue, rap Keep my distance and fear resistance, hurt by persistence The twisted web of tangled lies Strangles my hope to waste and numbs the taste And I'm forced to face these hate crimes Against the state of being Feeling the weight-less-ness pressed between the ceiling Reeling around room Riding a bubble of sound proof It's the frequency making you Sha-Shake with every boom Involuntary muscle contraction Ignoring and then drinking musical gas fueled euphoria

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To have you a head rush with red thoughts and sad

The sound pounds to make the dead flush

stuff

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