Goodie Mob "Soul Food"

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My old boy from the point
But I'm from Southwest and every
Now and then I get put to the test
But I can't be stopped
Cause I gotta come true ain't go no gun
But I got my crew
Didn't come fro no beef cause I don't eat steak
I got a plate of soul food chicken, rice and gravy
Not covered in too much
Drinking a cup of punch, tropical
Every last Thursday of the month

Daddy put tha hot grits on my chest in tha morning When I was sick Mary had tha hot soup boiling Didn't know why but it felt so good Like some waffles in that morning Headed back to tha woods Now I'm full as tick Got some soul on blast in tha cassette Food for my brain I haven't stopped learning yet Hot wings from Mo-Joes Got my forehead sweating Celery and blue cheese on my menu next

Southern Fry won't allow my body to lie still Tied face goons surround me like cancer drill Me with second-hand obstables But, only to make matters worse Plus I'm getting pimped by this temp lady Jackie From Optima staffing figure laughing Shut up clown don't talk to me Like that looking stupid of course Living day by day and you ain't hard Trick hell you say? It's such a blessing when my eyes Get to see the sun rise To get further away from where I've been But I'll never gorget everythang I went through I appreciate the shit because If I had a went and took the easy way I wouldn't be the strong nigga that I am today

Everythang that I did
Different thangs I was told
Just ended up being tood for my soul

Come and get yo' soul food, well well Good old-fashioned soul food, all right Everythang is for free As good as it can be Come and get some soul food

Sunday morning where you reating at?
I'm on 1365 Wichita Drive
Ole' burd working the stove ride
Churches dripping chicken in yesterday's grease
Didn't go together with this quart of Mickey's
Last night hanging over from a good time
Yeah beef is cheaper but
It's pumped with "red dye" between two pieces of bread
Shawty look good with dem hairy legs
Wish I could cut her up but, ma stomach come before sex

A house full of hoes now what's the ingredient
Spaghetty plus her monthly flow
They know they making it hard on the yard
Fuck Chris Darden, fuck Marsha Clark
Taking us when we're in the spotlight for a joke
Changing by the day I see it's getting bigga in my
square

Looking at Lenox from the outside With a stare no money to go inside Tameka and Tiffany outside tripping And skipping rope to the beats from my jeep As I speak wuz up from the driver seat

A heaping helping of fried chicken
Macaroni and cheese and collard greens
Too big for my jeans
Somke steams from under the lid that's on the pot
Ain't never had allot but thankful for
The little that I got why not be
Fast food got me feeling sick
Them crackers think they sick
By trying to make this bullshit affordable
I thank the Lord taht my voice was recordable
Come an get your soul food well well..
Hold up C it's what I write
And Miss Lady acting like we in jail
Says she ain't got no extra hush puppis to sell
Bankhead seafood making me hit that door

With a mind full of attitude

It was a line at tha beautiful
JJ'S Ribshack was packed too
Looking to be one of dem days
When Momma ain't cooking
Everybody's out hunting with tha family
Looking for a little soul food

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