

## **Brendan Benson**

### **"Spit It Out"**

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The yellow sun in the sky whenever you walk  
A little white lie written in chalk  
The red spot in your eye whenever you talk  
Spit it out now

And at the end of the day when you kick back  
You give all new meaning to the same crap  
So many tiles I can't keep track  
Start all over when it's all over

What's on your mind?  
Spit it out now  
It looks like the time  
Is running out now  
So spit it out now

There's a window of time, you're in the nick of it

You look at the view and you're sick of it  
You get the urge to throw a brick in it  
Go ahead now

So look out 'cause there's no way to stop it  
Every bubble you blow, I'm gonna pop it  
So look out below, I'm gonna drop it  
Listen up now, listen up now

What's on your mind?  
Spit it out now  
It looks like the time  
Is running out now  
It's running out now

What's it about now?  
Spit it out now  
What's it about now?  
[Inaudible]

Spit it out now  
Spit it out now  
Spit it out now

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