

## Glenn Medeiros

### "Can I Help It"

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You left one yesterday  
You took my heart away  
And now I dread each newborn day  
Can I help it?  
Can I help it?

Along each thoroughfare  
While people stop and stare  
I talk to you but you're not there  
Can I help it, sweetheart?

I try to sleep  
My dreams are haunted  
By a million stars that pry  
How can I sleep?  
Your eyes look just that way  
The day we said goodbye...

I tried forgetting you  
I tried to hurt you too  
But now I find I still love you  
Can I help it, sweetheart

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