

## Glassjaw "I'm Caught"

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As i watched it all begin...  
I was there.

I'm caught  
In the  
Middle  
Of my own reality.

Where nothing's for and nothing's against,  
Why don't you wake-up and you'll see the lies and the  
pain and the oppression.

I could never understand,  
All that is good,  
And all that's supposed to be.

And I, I could not escape the lies.  
My reality.

I'm caught  
In the  
Middle  
Of my own reality.

I could never understand,  
All that is good,  
And all that's supposed to be.

And I, I could not not escape the lies.  
My reality.

Oh my God oh my God,  
I held myself down.  
I was trapped in my own mind.

I'm caught  
In the  
Middle  
Of my own reality.

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