

## **Frost Like Ashes** **"Notions Of Insanity"**

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Thrown to the wolves and you relish the pain  
Like a shriveled weed in a rotted bouquet  
Glutted on death and you're thirsty again  
And like a dog, you return to your vomit  
Your place of sorrows and all of your torments  
Has become your home and all of your best friends  
To quench your addiction inject the drug that has filled  
you  
And to fulfill your life turn to the one that will kill you  
Mercy to you  
Oh, pearls before swine  
God is mythology  
In your twisted mind  
You're an open grave  
A festering tomb  
You live like an animal  
And you'll die like on too  
You're an accusing spirit; expose the dust in one's eye  
While your empty sockets swarm with maggots inside

Diseases infests you, infections make you blind  
Yet you lie in your cesspool swollen in pride  
Scream of your rights, instincts and your freedoms  
As you gaze through the bars of diseased addictions  
Go ahead, serve your master-for I know him well  
He'll throw you scraps from his table until you're  
devoured in Hell  
To not believe in God  
That does not mean  
You believe in nothing, rather  
You'll believe in anything  
Thrown to the wolves and you relish the pain  
Glutton of death and you hunger again  
Your place of sorrows and all of your torments  
Has become a razed fortress and your God-forsaken  
friends

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