

## **From A Second Story Window "Stolen Lands"**

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I need release  
I pose a simple question  
Are we allowed to exist with fear  
There seems to be a new consensus  
One that guides us all through life  
To hold us all here together  
And allow the free to fly  
Viewing the spirit from the other side  
Is a guide to inner truth  
Follow the spirit and allow your soul to glide  
Allow me to show you truth  
There's always been the same dimensions  
That allow us all to try  
To see ourselves in true potential  
And allow the free to fly  
To simply look in the mirror  
Cannot show you all you need  
Will you look in the mirror  
And tell me what you see  
I've run so long  
I must escape  
There is only so much that I can take  
Their approval means nothing  
This is something I will not give them  
To fly, to fall  
Is knowing that I am alive  
I have given up and I have given in  
I have shed my wings away

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