

Fred Hammond

"Lift Up Your Hands To The..."

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Life is not all that bad, my friend, hmmm
If you believe in yourself
If you believe there's Someone
Who walks through life without you
You'll never be alone
Just learn to reach out,
And open your heart
Lift up hands to God,
And He'll show you the way.

And He said, "Cast your burdens upon Me
Those who are heavily laden,
Come to Me, all of you who are tired
Of carrying heavy loads,
For the yoke I will give you is easy
And My burden is light,
Come to Me and I will give you rest."

When you feel the world
Is tumblin' down on you,
And you have no one
That you can hold on to,

Just face the rising sun
And you'll see hope,
And there's no need to run
Lift up your hands to God,
And He'll make you feel all right.

And He said, "Cast your burdens upon Me
Those who are heavily laden,
Come to Me, all of you who are tired
Of carrying heavy loads,
For the yoke I will give you is easy
And My burden is light,
Come to Me and I will give you rest."

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