

## Frames

# "Seven Day Mile"

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Your will changes everyday  
It's a road you've come upon  
I can't help you if you want to  
Down here nothing gets a chance  
It's a threat that's real enough  
We can burn this bridge or stay here  
It's a breeze everlasting like time  
Making so sure that  
I can return just to see it from your side again

Always never seems to work  
It's a word you never learned  
I don't really see a way clear  
It's a sea ever churning in tides  
In the sureness of time  
And our words will repeat now forever again  
Well this might take a while to figure out  
So don't you rush it  
And hold your head up high right through the doubt  
'Cause it's just a matter of time  
You've been running so fast  
It's the seven day mile  
Has you torn in-between here and running away

I don't have a choice in this  
It's a road I've come upon  
You can join us if you want to

Always never seems to work  
It's a word we never learned  
Time will be the judge of all here  
This might take a while to figure out now  
So don't you rush it  
And hold you're head up high  
Right through the doubt now  
'Cause its just a matter of time  
You've been running so fast  
It's the seven day mile  
Has you torn in-between here and running away  
It's line you've been wanting  
It's your time  
It's the seven day mile

Has you torn in-between here and never again  
Never again

And down here nothing gets chance  
It's a world too big for us  
Time will be the judge of all here  
This might take a while to figure out now  
So don't you rush it  
And hold you're head up high  
Right through the doubt now  
'Cause its just a matter of time  
You've been running so fast  
It's the seven day mile  
Has you torn in-between yeah and never again  
Never again

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