

Four Year Strong "Sparkle Motion"

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You can thank me, for finding out a way to turn back time.

See there's this ghost who's a friend of mine,
who always keeps me safe until I wake up and rise
from the heart of a shallow grave.

This philosophy is killing me,
still you're willing to stay while I go set the blaze
that's gonna kickstart a craze that gets my name
placed
down in history for burning down his privacy.

Polish off your last glass, breathe out one last sigh,
and kiss your ass goodbye.
Get up and go, get up and go on with the show.
If you just stop trying, it'll come to you.
Get up and go, get up and go, give it a go.
When you've got to know, I guess I'll get up and go,
on with the show.

Give me a warning if it's called for,
I'll go plan our escape but there's no time to waste.
So keep those hips moving, moving side to side.
It'll make their eyes grow wide to keep them occupied.
Take it off like you know you should, I wouldn't give a
damn if you said you never would.
Our heads are filled with the perfect tune,
so take my hand now, this will all be over soon.
Let the water hit your shoes, and pass over and over.

Polish off your last glass, breathe out one last sigh,
and kiss your ass goodbye.
Get up and go, get up and go on with the show.
If you just stop trying, it'll come to you.
Get up and go, get up and go, give it a go.
If you've got to know, I'm so over it.
If you just stop trying, it will come to you.
When you've got to know, I guess I'll get up and go,
on with the show.

