

## **Focused** **"My Blood"**

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This is the last time,  
This is the only time,  
This is a time.

No longer living in my shadow, a new day has begun.  
The steps I took so slow at first now move so fast my,  
Blood it runs, all throughout my body, deep within my  
soul,  
Filled by the spirit, never to be left alone.  
Trusting in tomorrow, but it all starts today,  
Fueled by an inner strength, guided by our faith.

My blood, it runs all throughout my body.  
My blood, it runs, deep within my soul.  
My blood, it runs, filled by the spirit.  
My blood, it runs, never to be left alone

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