

## Face Down (US) "There Is One"

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Faith in me that's wanting, I don't want to live this way  
The ghosts that will chase me forever  
And I remember, the things that were both good and  
bad  
And why we let it slip away  
And the things that made me angry, raged a war of  
attrition inside my head  
Things that changed me forever, and I have tried to be  
the best I thought I could  
There must have been another way  
There is another way I still believe  
And this thing it didn't kill me, but it hurts like hell when  
you're getting strong  
I should go lift a mountain, and I have felt it curled up  
inside  
Behind a wall, tired of waiting to be free  
There is another way I still believe  
There is another way There is one  
Whatever  
So I'm alone now once again  
So much to offer but a lack of expression  
I could have helped you help yourself  
Instead I did it all for you, and still you left  
For all that you've given, All that is taken  
From out of this dream I'll surely awaken  
With ice cold breath and a scream of pain  
Did you hear me when I called your name?  
I stand alone in my mind again, my own worst friend to  
everyone  
I tell you that I know you know, and if you don't, I can't  
help you see  
What it has done to me  
But I still believe, that this is not the way  
It's supposed to be, I believe  
I still feel the way I touched you, I still feel the way you  
broke my heart  
Now I can't eat and I can't sleep, and I can't think  
Why can't I keep my heart intact, when it bursts the  
seam  
My true blood running down my sleeve  
There was one

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