

Face Down "There Is One"

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Faith in me that's wanting, I don't want to live this way
The ghosts that will chase me forever
And I remember, the things that were both good and
bad
And why we let it slip away

And the things that made me angry, raged a war of
attrition inside my head
Things that changed me forever, and I have tried to be
the best I thought I could
There must have been another way

There is another way I still believe

And this thing it didn't kill me, but it hurts like hell when
you're getting strong
I should go lift a mountain, and I have felt it curled up
inside
Behind a wall, tired of waiting to be free

There is another way I still believe
There is another way There is one

Whatever

So I'm alone now once again
So much to offer but a lack of expression
I could have helped you help yourself
Instead I did it all for you, and still you left

For all that you've given, All that is taken
From out of this dream I'll surely awaken
With ice cold breath and a scream of pain
Did you hear me when I called your name?

I stand alone in my mind again, my own worst friend to
everyone
I tell you that I know you know, and if you don't, I can't
help you see
What it has done to me

But I still believe, that this is not the way

It's supposed to be, I believe

I still feel the way I touched you, I still feel the way you
broke my heart

Now I can't eat and I can't sleep, and I can't think
Why can't I keep my heart intact, when it bursts the
seam

My true blood running down my sleeve
There was one

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