## Exodus "The Toxic Waltz"

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## THE TOXIC WALTZ

Here's a new dance craze That's sweeping the nation It's called the Toxic Waltz And it's causing devastation You're jumping up and down Like a psycho circus clown Slamming with waltzers All the way around You get caught up in the whip Thrown into a flip You aim for someone's head To stain the floor red Give someone a kick To prove you're truly sick Bounce back from some blows And blood runs out your nose Flailing round and round And you're injury bound Waltz it up! The pit is it! You can take your chance On this rough new dance If you dare! To dive in! There are some that try But they don't survive They don't hit! 'cause they're wimps! And this exercise Helps you brutalize With us! Exodus!

(chorus)

Everybody's doing the toxic waltz
Kick your friend in the head and have a ball
Come on and do the toxic waltz
And slam your partner against the wall
Everybody's doing the toxic waltz

Good friendly violent fun in store for all Get up off your ass and toxic waltz If you hit the floor You can always crawl!

Used to do the monkey But now it's not cool The twist and mashed potato Are no exception to the rule So don't be a dunce And dance like a runt Just throw your elbows With good friendly violent fun Don't start to cry If you get a black eye Just dive back in And give another try But too much action May leave you in traction So you better get insurance No matter your endurance Flailing round and round And you're injury bound Waltz it up! The pit is it! You can take your chance On the rough new dance If you dare! To dive in! There are some that try But they wont survive They don't hit! 'cause they're wimps! And this exercise Helps you brutalize With us! Exodus!

## (chorus)

Everybody's doing the Toxic Waltz
Kick your friend in the head and have a ball
Come on and do the toxic waltz
And slam your partner against the wall
Everybody's doing the toxic waltz
Good friendly violent fun in store for all
Get up off your ass and toxic waltz
If you hit the floor you can always crawl!

Get up on your feet Don't look so obsolete And thrash like an athlete!

Don't sit there on your ass

Don't look like you got too much class

You'll be harassed!

You know we guarantee

This is the key

So rage or get the third degree!

You begin frontal assaults

And start your somersaults

And do the toxic waltz!

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