

## Abs "One and only"

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### CHORUS

hey boy (or playboy)  
yo i really wanna get with you  
baby just tell me what i gotta do  
all i know is that you are the one and only  
boy for me

hey yo i really wanna get with you  
baby just tell me what i gotta do  
all i know is that you are the one and only

\*\*yo, ey yo ey yo  
it's way past p.m.  
revin' on the road when  
it really hit me  
i'm lookin for the answer  
a regular girl  
not a hump-me-all-day-on-the-cellular-girl  
to concerned with the wrong things  
rollin' with the name - ching ching  
got game keep the fame and the bling  
put the face on  
play the part thru the shirt (?) and put the shades on  
me? i gotta do work and to know who i was  
who i am  
who i wanna be  
i dont wanna just slam like Beanie Man  
uh-uh don't be fooled ma  
i'll point out the thongs ( i think.. or dunce or wrongs or  
something i have no idea what he is sayin really lol)  
i dont wanna think twice when i wanna act once  
for some i'm an opportunity  
soon to be  
roll with me can't ya see can't ya see  
'cause what got me here  
got the heart like a kid  
when ya finally appear  
baby i can spot you anywhere  
sing the hook ma ...

### CHORUS

\*\*i dont want  
what they got (no!)  
got ma plate full  
when i wanna get on the floor  
O ma god!(yo!)  
thats a body body  
aint no body body  
touchin you - i dont mind if i do  
you make me sit up and getup you call me ABS boo  
you make me go (whoa!)  
we could take it so far  
here's a though feelin the spot like sonar (i think)  
sing the hook ma....

#### CHORUS

\*\*i dont wanna lose my cool  
thats the rule  
i just wanna hit the floor thats fo sure  
woop-woop  
you doin what? (??)  
bangin on ma mind  
when i find  
the intent is hott like miami  
not chase the skirt and  
uh-uh  
yo for certain  
uh-uh  
slowing the flirtin  
uh-uh  
ey yo its curtains  
uh-uh  
come on drop the race for the looks  
they chase another face for the database  
time to get erased come on  
i gotta bag one livin in the real world  
you can have ma tour pass  
we can make it last girl  
i can be the guide on the ride yall  
all the groupies and the woopties they can slide on (??  
or maybe he's sayin "pick a side yall")  
the one who  
never even gave a damn about the rap show  
cds and the clothes  
your 50 percent of ma life  
but thats the right type of math  
Mr. Abs make ya laugh come on...

#### CHORUS (added to)

Hey Boy (hey boy)

i know i want to get with you ..( i wanna do boy)  
\*\*thats a body body aint no body body

hey boy (\*\*hey girl)  
i know i want to get with you ...

chorus till fade ...

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