

Esham**"Mental Stress - 1994"**

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He should never even see daylight again, never
I have apologized publicly for the, for the mental ang
For the mental stress and emotional stress that I have a
And I said to those people to umm, I feel bad about it
too

How I need the eternal rest
Help me through my mental stress
(My mental stress)
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See I've been to Hell and back, and that's a fact
I get a flashback one day I'm a snack
My mind is gone, to each his own
I wish the whole world would just leave me alone

I wanna die, I do not die, I'm on the far-side and it's
passin' me by
I wanna cry, I do not cry, I have to tell me, myself and I
And who am I, I don't understand
Wipe that ass once the shit hit's the fan

Black man, my man, man
God damn man, all man, man
No shit, tell me somethin' I don't know, no hope
And I can't cope wit' the mental stress

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Life ain't nothin' but bullets man
And who's that nigga with the gun in-hand?

This nigga, that nigga

(What nigga? What nigga?)

This nigga, finger on the trigger

(What nigga?)

(Oh no, whatchya gonna do now boy?)

I'm finna go nuts like an Almond Joy
Bang my head against the wall
Three times until it bleed
Wicked Witch of the East, the belly of the beast

See, that's just how it be
Nobody really gives a fuck about me
And ya see, that I ain't got no hope
Somebody help me cope with this mental stress

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(My mental stress)

Lock me up and throw away the key
God took my mind and said fuck me
I kick the wicked shit until I can't no more
I black out so much I can't think no more

'Til I die, 'til I die, when will I die?
How you be a homicide without an alibi
No lie, I can't wait 'til I die
Niggas still think Heaven's up in the sky

And voices in my head call my name at night
Sometimes I don't know wrong from right
Insight, Twilight Zone's my home
I put the chrome to my dome when I'm all alone

By my lonely, I'm gonna join my dead homie
No hope, and I can't cope with the mental stress

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