

## **Eminem**

# **"Poo Butt Day"**

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get up this morning feelin sleepy as all hell, went the use the bathroom when i tripped and i fell all the way downstairs onto the couch, and i pissed my pants on the way down south; so i went back upstairs to change my underwear took a while to get em unstuck to my pubic hair finally got unzipped i went to put em down the street but then i threw em in the garbage cause it all said puu hopped in the shower put shampoo in my hair went to rinse it out but then the water wasnt there that damn toilet it must of went foul got another bath to wipe the stuff up with the towel went to get my clothes but i couldnt wear the wash so i sat and played some mario on my nintendo i was gonna see my girl but i forget that stuff man today i just feel like a pooh butt... (chorus 2x ) sometimes things just never go my way you know i, im just feelin like a pooh butt today. now every snigle day i make habits to get up but today i just feel like a pooh butt so ill stay in bed i dont know whats wrong with me im just taking everything nonchilantely i just feel like i cant move one muscle my girlfriend calls me up and tells me now we gotta hustle my plane leaves to roll about quarter to 8 its 7:15 looks like im gonna be late aww forget that baby said i just cant make it i know your dissapointed but your gonna have to take it im sick in bed im making am am foot it but before hung up the phone she told me where i could put it, comes next day i gotta call from M&M he said we gotta make a record get ya butt outta bed i said i aint doin nothing i wish you nothing but luck he said STOP! instead of feeling like a pooh but... (chorus 2x) sometimes things just never go my way you know i, im just feelin like a pooh butt today. (chaos kid) "yo you ever have one of those poohie stinky ridiculous rotten days M&M" (M&M) "man i had one once check this out"

woke up , 6:30 in the morning yawning gotta get to the recording studio i gotta get a take done put all my rhymes together so i can make one get outta bed fall on my head slipped on the rug i thought i was dead cussin i think my head is busted but it really nothing only a concussion shake it off, get off the ground look around couldn't find my rhyme sheets where'd i put em

down they were just there last night on the chair had to  
look everywhere but, couldnt find em anywhere go to  
the basement might of misplaced em gotta find em in  
hurry but my visions still blurry goin down the stairs  
what could happen next but, when its this early you  
cant skip steps; fallin head first as i fall i curse things  
are lookin bad ima only get worse; aching i shake and i  
hurt i stand up slowly wiped all the dirt off memory  
lapse i cant remember nothing think ill collapse if you  
forget the whole thing pause for a second what was i  
looking for.. oh yea my rhyme sheets they might be on  
the floor or on the chair wait a minute where am i im in  
a basement damn how does time fly think for a second  
record my memory if i were a rhyme sheet where  
would i be?? now i remember i put em in the closet next  
to my jacket so i woulda never lost em  
already 7 ive only got an hour to eat breakfast get  
dressed plus take a shower got undressed got the zest  
off the rack turn the water on and i almost had a heart  
attack cold as hell started to yell jumped out the  
shower and said fuck it ill smell grabbed the towel off  
the rack dried off got dressed still had to eat but my  
hair was a mess i was in a rush grabbed the brush and  
ran run into the door on the floor i land always to fate  
now i know im curse i think it might help if i open the  
dorr first tried to turn the handle but i sprained my  
wrist but thats what happens on a day like this...(chorus  
2x) sometimes things just never go my way you know i,  
im just feelin like a pooh butt today... (Chaos kid) "wow  
that sounds pretty poohie to me" (M&M) "now im gonna  
break it down for those who dont know what a pooh butt  
day is"

Now a pooh butt day is something everybodies had no  
particular depression neither mad or sad you couldnt  
see your butt because your butt is what it is cause when  
your feeling like a pooh butt then your feeling like shit

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