

## **Eminem**

# **"Lose Yourself"**

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Look, if you had, one shot, or one opportunity  
To seize everything you ever wanted, one moment  
Would you capture it?  
Or just let it slip, yo

His palms are sweaty, knees weak, arms are heavy  
There's vomit on his sweater already, mom's spaghetti  
He's nervous, but on the surface he looks calm and ready  
To drop bombs, but he keeps on forgetting  
What he wrote down, the whole crowd goes so loud  
He opens his mouth, but the words won't come out  
He's chokin' how, everybody's chokin' now  
The clock's run out, times up, over, blaw!

Snap, back to reality, oh, there goes gravity  
Oh, there goes Rabbit he choked, he's so mad but he won't  
Give up that easy, no, he won't have it he knows  
His whole back's to these ropes, it don't matter he's dope  
He knows that but he's broke, he so stagnant he knows  
When he goes back to his mobile home, that's when it's  
Back to the lab again, yo  
This whole rhapsody better go capture this moment  
And hope it don't pass him

You better lose yourself in the music  
The moment, you own it, you better never let it go  
You only get one shot, do not miss your chance to blow  
This opportunity comes once in a lifetime, yo

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His soul's escaping, through this hole that is gaping  
This world is mine for the taking, make me king  
As we move toward a new world order, a normal life is boring  
But superstardom's close to post mortem

It only grows harder, only grows hotter  
He blows it's all over, these h\*\*s is all on him  
Coast to coast shows, he's known as the Globetrotter  
lonely roads

God only knows he's grown farther from home, he's no  
father

He goes home and barely knows his own daughter  
But hold your nose cuz here goes the cold water  
These h\*\*s don't want him no mo', he's cold product  
They moved on to the next schmoe who flows  
He nose dove and sold nada, so the soap opera is told  
it unfolds

I suppose it's old partna, but the beat goes on  
Da da dum, da dum da da da da

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No more games, I'ma change what you call rage  
Tear this mothaf\*\*\*\*n' roof off like two dogs caged  
I was playin' in the beginning, the mood all changed  
I been chewed up and spit out and booed off stage  
But I kept rhymin' and stepped, writin' the next cipher  
Best believe somebody's payin' the pied piper  
All the pain inside amplified by the fact  
That I can't get by with my 9 to 5

And I can't provide the right type of life for my family  
Cuz man, these \*\*\* damn food stamps don't buy  
diapers

And it's no movie, there's no Mekhi Phifer, this is my  
life

And these times are so hard and it's getting even  
harder

Tryin' to feed and water my seed, plus teeter-totter  
Caught up between bein' a father and a prima donna  
Baby mama drama's screamin' on and too much for  
me to wanna

Stay in one spot, another day of monotony's  
Gotten me to the point I'm like a snail  
I've got to formulate a plot or end up in jail or shot  
Success is my only mothaf\*\*\*\*n' option, failure's not

Mom, I love you, but this trailer's got to go  
I cannot grow old in Salem's lot, so here I go it's my  
shot  
Feet fail me not, this may be the only opportunity that I  
got

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You better

You can do anything you set your mind to, man

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