## Eminem "Lose Yourself"

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Look, if you had one shot, or one opportunity

To seize everything you ever wanted-One moment

Would you capture it or just let it slip?

His palms are sweaty, knees weak, arms are heavy
There's vomit on his sweater already, mom's spaghetti
He's nervous, but on the surface he looks calm and ready to drop bombs,
but he keeps on forgettin what he wrote down,
the whole crowd goes so loud
He opens his mouth, but the words won't come out
He's choking now, everybody's joking now
The clock's run out, time's up over, bloah!
Snap back to reality, Oh there goes gravity
Oh, there goes Rabbit, he choked
He's so mad, but he won't give up that
Easy, no

He won't have it, he knows his whole back's to these ropes
It don't matter, he's dope
He knows that, but he's broke
He's so stagnant that he knows
When he goes back to his mobile home, that's when it's
Back to the lab again yo
This this whole rhapsody

He better go capture this moment and hope it don't pass him

## [Hook:]

You better lose yourself in the music, the moment
You own it, you better never let it go
You only get one shot, do not miss your chance to blow
This opportunity comes once in a lifetime yo

The soul's escaping, through this hole that it's gaping

This world is mine for the taking

Make me king, as we move toward a, new world order

A normal life is boring, but superstardom's close to post mortem

It only grows harder, only grows hotter
He blows us all over these hoes is all on him
Coast to coast shows, he's know as the globetrotter
Lonely roads, God only knows
He's grown farther from home, he's no father
He goes home and barely knows his own daughter
But hold your nose 'cause here goes the cold water
His hoes don't want him no more, he's cold product
They moved on to the next schmoe who flows
He nose dove and sold nada
So the soap opera is told and unfolds
I suppose it's old partner but the beat goes on
Da da dum da dum da da

## [Hook]

No more games, I'ma change what you call rage Tear this motherfucking roof off like 2 dogs caged I was playing in the beginning, the mood all changed I been chewed up and spit out and booed off stage But I kept rhyming and stepwritin the next cypher Best believe somebody's paying the pied piper All the pain inside amplified by the fact That I can't get by with my 9 to 5 And I can't provide the right type of life for my family Cause man, these goddam food stamps don't buy diapers And it's no movie, there's no Mekhi Phifer, this is my life And these times are so hard and it's getting even harder Trying to feed and water my seed, plus Teeter totter caught up between being a father and a prima donna Baby mama drama's screaming on and Too much for me to wanna Stay in one spot, another day of monotony Has gotten me to the point, I'm like a snail I've got to formulate a plot or I end up in jail or shot Success is my only motherfucking option, failure's not Mom, I love you, but this trailer's got to go I cannot grow old in Salem's lot So here I go is my shot. Feet fail me not cause maybe the only opportunity that I got

[Hook]

You can do anything you set your mind to, man

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