

## Elbow

# "Running To Stand Still"

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And so she woke up  
She woke up  
From where  
She was lying still.  
Said  
I gotta do something  
About  
Where we're going.

Step on a fast train  
Step out  
Of the driving rain  
Maybe  
Run  
From the darkness  
In the night.  
Singing ah  
Ah la la la de day  
Ah la la la de day.

Sweet the sin  
Bitter the taste  
In my mouth.  
I see seven towers  
But I only see  
One way out.  
You gotta cry  
Without weeping  
Talk  
Without speaking  
Scream  
Without raising  
Your voice.

You know  
I took the poison  
From  
the poison stream  
Then I floated  
Out of here, singing  
ah la la la de day  
ah la la la de day.

She walks  
Through the streets  
With her eyes  
Painted red  
Under black belly  
Of cloud in the rain.  
In through a doorway  
She brings me  
White golden pearls  
Stolen from the sea.

She is ragin'  
She is ragin'  
And the storm  
Blows up  
In her eyes.  
She will suffer  
The needle chill  
She's running  
To stand still

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