

Drist

"One Thing"

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I could be good, I could be pretty
I could try harder to be great
I could be skinny, I could be rigid
I'd rather eat alone than wait

What's the one thing I could change
There's so much here I hate
When I'm all alone and picked apart
What difference can I make

I could be nice
I could be welcoming
And act more like a friend

I am constantly judging myself
On how I look
And everything I've said

What in the world am I doing
To stop me from looking in mirrors
You can't make me
What will it take
To accept and forgive
Because hating myself has become religious

I could be good, I could be pretty
I could try harder to be great

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