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Diamond "A Day In The Life"

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featuring Brand Nubian

[Lord Jamar]

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Aw yeah back to basics kicking shit in Asics it's like this

It's just a day in the life (of three black men) (Repeat 3x)

Day one...

I wake up to the sun in the morning after justice hour

Refinement is in order so I bust this shower

Get dressed but first my mind gets blessed

Not words but best cess compressed in a philly

Silly of me to think that I

Could ever have a morning where the phone didn't ring, I am sir

A sweet young thing, once a romancer

I didn't really fancy her, so build equality

I get a beep downstairs from Y.Z.O.

Knowledge in his head, beats pump the red Geo

Tracker, and in it, we get much blacker

Ride around town running down crackers

Last Sunday of the month so to Harlem we went

Not clubbing, the parliaments of Harriet Tubman

Peace to the Gods, peace to the earths

Peace to the seeds, peace to the birth

Of the nation of the 5%

That's it, I tell the gent brothers to represent

We left the rally now we're maxing uptown

8th Ave, 25th, 45th, and the Polo Grounds

And when it's time to refuel

Lord Jamar jump in the car, say "Back to the Rule"

It's like that y'all, you know it's as sharp as a knife

It's just a day in the life, it's just a day in the life

[Diamond]

It's just a day in the life (of three black men) (Repeat 3x)

Day two, yo check this out

Every day when I wake up, phone calls seem to take up

My time, but I don't mind because it's fine

I don't get heated even though I can't sleep

Jump in the shower, then I brush the teeth

Hit the stereo in an instant

Then I twist up a bud, light an insync

Call up a honey if I'm not feeling sunny

Or call up my boys when I want to make noise

The brother Lord Jamar, the brother Derek X

Ahem, oh I forgot, I meant "Sadat"

X and I flex when I'm writing a rhyme

I got thousands in the bank but I never did a crime

Afternoons I go shopping, but I don't lift

Back in '84 I used to wear K-Swiss

Catch me in Yonkers in the mall buying gear

Take in a movie and sit in the rear

I might be in the studio hard at work

Making hype tracks that sell by the stacks

When it gets dark, I chill with my cutie

We almost broke up because she started acting snooty

When I'm with the fellas, I hit the clubs

The building, Red Zone, always see a head flown

But I walk away from the bullshit

And you don't stop, and you don't quit

[Sadat X]

It's just a day in the life (of three black men) (Repeat 3x)

Day three...

I wake up after 8, a shower, then I take a shower

See a tip from last night still left in the tray

Some stick of boom music cause I found a fat L

Nine times out of ten I used to start this way

Then I study jewels and gems instead of Christianity hymns

Then walk past him to see my man Marco Polo who works in sports stuff

Your two shirts that's tough, a baldie that's rough

Call up the Gods, slide to three main places

We know a lot of faces so the romp game came work

Do you think that I'm a jerk because on my face there's

a smirk?

Used to party to party rock from body to body

But my nightly smokes are spent on the cool down low

Rolling up dough and doing mad shows

Not dealing with hoes because AIDS is a bitch

In the nightime I get rich because kids pump the tape

Uptown Bronx from the porch to the fire escape, and you don't stop

So to my prehistoric days and dinosaur phase

I was completely energized using Islamic rays

I'm the royal highness, so clear your sinus

Put your trust in the plus and conceal the minus

Your head's unravelling, my force is of a javelin

Your tounge is in a knot and you're babbling on

To the pre test is the God human?

Come from the darkness to where I'm looming

The hardest working man, ever I see a land

I got the power to devour what MC's withstand

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