

Destinys Child

"I Can't Take It No More"

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Verse 1:

Why you been sweating on me, tell me what did I do
To have yall hating one me when i didn't have nothing
to prove. sometimes i shake my head when i'm laying
down in my bed. Thinking bout the things been said
when you really don't know me.

Bridge:

Gotta clear up some things there are so many things
said about me so many opinions so many judgements
preconceived it's out of my character for me to feed in
to you give it a rest don't waste your mind with me
spend so much time on me consuming your health

Chorus:

I can't take no more and it time for me to let it all out i
can't take no more why my name always up in your
mouth what you hate me for i'm so tired of all these lies
i can't take no more no more no more no more

Verse 2:

Its really been laying on me I'm not myself lately i feel a
little weight on me but I'm not gonna lose no sleep I
keep it all in my mind cause you gotta get better in time
why don't you live your life and let me live mine

Bridge:

Gotta clear up some things there are so many things
said about me so many opinions so many judgements
preconceived it's out of my character for me to feed in
to you give it a rest don't waste your mind with me
spend so much time on me consuming your health
(and I can't take it noe more)

Chorus:

I can't take no more and it time for me to let it all out i
can't take no more why my name always up in your
mouth what you hate me for i'm so tired of all these lies
i can't take no more no more no more no more

you you you don't know

you you you don't know
you you you don't know
you you you don't know

Chorus x2:(w/ adlibs)

I can't take no more and it time for me to let it all out i
can't take no more why my name always up in your
mouth what you hate me for i'm so tired of all these lies
i can't take no more no more no more no more

leave me alone (til fade)

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