

Delta Goodrem

"Rise"

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Give me a hero
Someone to help me understand
I need an angel
Someone who'll take my hand
Without asking why
Or thinking twice

And lay me down
Make me feel safe
Until I'm back on my feet
As a second chance
For me
To escape this
This gravity

So lift me up and
Teach me how to love and
Rise above it all
I'm crawling out of my skin
So cut these strings
From all that's held me down
You've got to show me how to
To believe again
I've nothing left to hide
I'm trying to open up my eyes
Help me to rise...
Help me to rise...

I need a saviour
Someone who's gonna make a change
Oh, I need a soldier
Someone to stand right by my side
Every time
Day or night

And lay me down
Make me feel safe
I'm starting to see
There's a world
Out there for me
Let me make believe

So lift me up and
Teach me how to love and
Rise above it all now
I'm crawling out of my skin
So cut these strings
From all that's held me down
You've got to show me how to
To believe again
I've nothing left inside
I'm trying to open up my eyes
Help me to rise...
Help me to rise...

Is there a hero
Someone to help me understand

So lift me up and
Teach me how to love and
Rise above it all
I'm crawling out of my skin
So cut these strings
From all that's held me down
You've got to show me how to
To believe again
I've nothing left inside
I'm trying to open up my eyes
Help me to rise...
Help me to rise...
Help me to rise...
Help me to rise...
Help me to rise

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