

Delta Goodrem

"Be Strong"

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Are you swimming upstream in oceans of blue?
Do you feel like you're sinking?
Are you sick of the rain after all you've been through?
Well, I know what you're thinking

When you can't take it
You can make it
Sometime soon I know you'll see

'Cause when you're in your darkest hour
And all of the light just fades away
And when you're like a single flower
Whose colors have turned to shades of gray
Well, hang on and be, be strong

We're taking each step one day at a time
You can't lose your spirit
Let live and let live, forget and forgive
And it's all how you see it

And just remember, keep it together
Don't you know you're never alone?

'Cause when you're in your darkest hour
And all of the light just fades away
When you're like a single flower
Whose colors have turned to shades of gray
Well, hang on, ohh, be strong

No, you're not defeated, ohh
And soon you'll be smiling once again
Then you won't have to feel it, let it go with the wind
Time passes us by
And know that you're allowed to cry

'Cause when you're in your darkest hour
And all of the light just fades away
When you're like a single flower
Whose colors have turned to shades of gray
Well, hang on, ohh, and be strong

Oh oh, hang on, hang on

Hang on, be strong
Hold on and be strong

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