

## **Delgados**

# **"Mental Tormoil"**

Visit "[Mental Tormoil](#)" on [MotoLyrics.com](https://MotoLyrics.com)

Inner conflict  
Me against my thoughts  
I fought and lost

Chaos reigns  
My mind is under siege  
Nowhere is safe  
Inside of me  
- my worst enemy

Stuck in a mental trap  
I lost control

My raging thoughts  
Hate and despise me  
Nothing in me  
Wants me alive

I'd give all my blood  
For a moment of peace

Staring at my reflection  
An image I don't recognise  
I'm a stranger to myself

Open my eyes  
- tell me who I am  
Tear me open  
- show me what's inside  
Is there anything left  
Of what was me?

Visit [Delgados](#) page on [MotoLyrics.com](https://MotoLyrics.com), to get more lyrics and videos.