

De La Soul "Shwingalokate"

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On and on at two steps ahead
On and on at two steps ahead
On and on at two steps ahead

Three steps ahead
Three steps ahead
Three steps ahead

What's the subject?
The Shwingalo, hot damn
Is Posdnuos gonna start?

I am, I am
And by the order of Shwing on hand
I present to you the Preacher Man

Peace everyone, everyone I hope
Plate is not a caper, plate is not a hoax
Is it is the now step, labeled Shwingalo
Shopper brag a basket, fill it to the bro

What's the Shwingalokate? Question me instead
Mental is the mood, whether live or dead
Level is the groove when I lead the led
But hip is my lip when I'm Shwinging it

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What's the next step?
It's the fool of the clan
Is he down with the Shwing?

I am, I am
And by the order of Swing on hand
I present to you, the whole shalam

Last was the gas, flower by the pound
Shoo, puppy tough, shoo, flower power hound
Season of the Shwing is sound and it's bound

90 got the gift, so lift from the ground

Speak me an age, age at the dough
Feed me the donut, feed me the O
School me with the new 'cause the new kept me fed
with the brew
I'm glued to the stew and I'm Shwinging it

Breathe me the out, breathe me the in
Send it with a skit neither friend nor begin
Label it a Shwing, brother come for the win
Catch me the border, must start to begin

90 got the knack of the Soul, grab a bit
90 proved them wrong to those who commit
Dis to the hit list, pitched by the hit
Caught by the herds of those in the pit

Pull me a puff of the blunt as it breeds
This benefit's just what you need
Just because I'm fallin', saved by the weed
With dred 'cause you know indeed I'm shwinging it

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Constructed like an apple but roll like a grape
Try with the games 'cause the fools'll take shape
Stuff to the too tough, grave is in the groove
Sop it like Sound, yo, honey, make a move

Shufflin' your feet, that's stiffer than a nap
Open up an eardrum, don't wait for the cap
Sip a third of lager, extract the waste
Tell me, tell me, tell me, can you get a case?

Never oops honey, dope not a threat
Peace be found on your color telly set
Pick up the proof for the stool pigeon sing
Shwing a load o' dat 'cause I must put Shwing

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