

## **Crisis Journey "Paranoid"**

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Why am I so paranoid?  
(What the fuck! who are you! )  
I've lost control of my mind,  
(Don't know what I'm meant to do! )  
These images and stories,  
(Revolve around memories! )  
Your doing this, your doing that,  
(Your fucking this, your fucking him! )  
I've lost control,  
Of what is going on in my head,  
Paranoia!  
Has taken over all my thoughts,  
It feels like,  
I'm stuck in a twister,  
I feel I'd be,  
Better of dead!  
Yes or no? is it true?  
(Did you really mess with me! )  
I can hear all of you,  
(Talking about me! )  
There's a riot in my head,  
(Telling me bad things! )  
I'm really scared, what you done?  
(But what the fuck is wrong with me! )  
I've lost control!  
Of what is going on in my head,  
Paranoia!  
Has taken over all my thoughts,  
It feels like!  
I'm stuck in a twister,  
& it keeps on, me spinning around!  
I keep telling myself,  
Your doing this & that!  
I think that I'm,  
Thinking way too much!  
Why am I screwing?  
With my own mind?  
I feel I'd be...  
Better of dead!

I've lost control!  
Of what is going on in my head,

Paranoia!  
Has taken over all my thoughts,  
It feels like!  
I'm stuck in a twister,  
& it keeps on, me spinning around!  
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With my own mind?  
I feel I'd be...  
Better of dead!

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