

# Coercion

## "Mental Tormoil"

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Music: Kenneth Nyman & Rickard Thulin

Lyrics: Kenneth Nyman

INNER CONFLICT  
ME AGAINST MY THOUGHTS  
I FOUGHT AND LOST

CHAOS REIGNS  
MY MIND IS UNDER SIEGE  
NOWHERE IS SAFE  
INSIDE OF ME  
- MY WORST ENEMY

STUCK IN A MENTAL TRAP  
I LOST CONTROL

MY RAGING THOUGHTS  
HATE AND DESPISE ME

NOTHING IN ME  
WANTS ME ALIVE

I'D GIVE ALL MY BLOOD  
FOR A MOMENT OF PEACE

STARING AT MY REFLECTION  
AN IMAGE I DON'T RECOGNISE  
I'M A STRANGER TO MYSELF

OPEN MY EYES  
- TELL ME WHO I AM  
TEAR ME OPEN  
- SHOW ME WHAT'S INSIDE  
IS THERE ANYTHING LEFT  
OF WHAT WAS ME?

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