

## Calvin Russel

### "Keepin'the Demon Down"

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I try so hard  
I do all I can  
But I'm just a man  
Sometimes weak and hungry

I've been around  
But the hardest thing I've found  
Is keepin'the demon down

He wants more money  
He wants more women  
He wants more pleasure  
It's never endin'.

And so he wants what he's got to have  
And hunger cannot be satisfied  
And now he needs it and so he'll take it  
Everything  
And all the time he wants your spirit  
Your very soul, now  
And this demon is in your mind  
Keepin' keepin' the demon down  
Keepin' keepin' the demon down

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