

## **Brian Wilson**

# **"He Couldn't Get His Poor Old Body To Move"**

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I guess you all know it's been a long, long time  
Since the days of turnin' water to wine  
Things ain't easy, but they always improve  
When you go and get your poor old body to move

Why sit hypnotized  
When you can feel alive?  
Take my simple advice  
You've gotta get your poor old body to move

Seven times seven and ten times ten  
You've gotta pick it up and start all over again  
It doesn't matter which step you choose  
You've gotta get your poor old body to move

Why sit hypnotized  
When you can feel alive?  
Take my simple advice  
You've gotta get your poor old body to move

Get along, get rollin' now  
Get away, get away now  
Let it out, let it out of here  
Get along on your lazy way  
On your lazy way  
Yeah, yeah, yeah, yeah, yeah

If you're feeling lost and lonely, too  
I'll bet sometimes you don't know what to do  
Early in the morning when the sun shines through  
That's when you get your poor old body to move

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Take my simple advice  
You've gotta get your poor old body to move

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Why sit hypnotized  
When you can feel alive?  
Take my simple advice...

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