

Bane

"The Bold And The Beautiful"

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So this is it
Here it is, moment of truth
The one you've always heard about
Everything around you stops to hold its breath
and your heart slows to a thump

There's a lion in your gut (you've got to listen)
Lying still in you for so long (you've got to listen)
Lifts its head so seldom and you have got to listen
Cuz when he wakes he roars and it's your time to shine
(you've got to listen)

Do not hesitate do not fucking wait
Let all those yesterdays, all those bloody days
Pile up to clutter your way
You're the Rocky movie
You're that Nike ad
Ball's in your court
And everything before has led you right fucking here
Sum total of every decision that you have ever made
Sum total of every blow you've had to fade

So make your move
Take that shot
Be the ball
This moment will define you

Live, learn, rise,
Fall, point, squeeze

We were not awarded bones simply to weigh down our
graves
So ring out, baby, ring out

The wind will break your fall
The rush will pick you up

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