

## **Bob Ricci**

# **"Constipated"**

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[Parody of "Complicated" by Avril Lavigne]

Eat out

Whatchya cooking for?

My friends think I'm such a bore

Just cause I won't go with them out to eat

Processed meat

I steer clear of Burger King

Fast Food

It just ain't my thing

And if you understood what it does to me

You would see

Cause then later on

I'm stuck in the john

I trying to relax

I'm taking ex-lax

I've so stressing out

There's zilch coming out of me

Tell me

Why does fast food make me so constipated?

No matter what I order doesn't come back out

It gets me frustrated

It makes no differnce

What I get, you can bet

If it's meat, or it's sweet

Could be fries, there's no compromise

My gastrointestinal track doesn't wanna take it

No, no, no

I drove out to see the Doc

I'm still coping with the shock

Cause next thing

That I know, he's giving me

A colonoscopy

Then when I'm out of stamina

Time for another enima

What's worse

They still don't know why Micky D's is making me

A slave to the can

A Metamucil man

I can't seem to go

I'm tense head to toe

The viens in my neck

Are bulging out of me  
Tell me  
Why does fast food make me so constipated?  
No matter what I order doesn't come back out  
It gets me frustrated  
It makes no difference  
Where I go, Domino's  
Dairy Queen, Krispy Kreme  
KFC, no thank you please  
My gastrointestinal track doesn't wanna take it  
No, no, no  
No, no, no  
No, no, no  
No, no, no  
Eat out  
Whatchya cooking for?  
I can't take this anymore  
Don't you even think about inviting me  
Can't you see  
That when I get home  
I'm stuck on the throne  
I trying to relax  
I'm taking ex-lax  
I'm so stressing out  
There's zilch coming out of me  
Tell me  
Why does fast food make me so constipated?  
No matter what I order doesn't come back out  
It gets me frustrated  
It makes no difference  
What I try, or apply  
Sour Kraut, Brussel Sprouts  
Pune Juice, it's just no use  
My gastrointestinal track doesn't wanna take it  
No, no, no

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