

# Beyonce

## "Move Your Body"

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5...3...2011...Let's Move!!  
[Swizz Beatz]  
Whoo!  
Clap your hands now! (4X)  
Jump! (8X)  
[BeyoncÃ©]  
Mission One, let me see you run  
Put your knees up in the sky 'cause we just begun  
Hey! Hey!  
Mission Two, this is how we do  
Shuffle, shuffle to right, to the left, Let's Move!  
Hey! Hey!  
Mission Three, can you dougie with me?  
Throw your own little swag on this Swizzy beat  
Hey! Hey!  
Mission Four, if you ready for more  
Jump rope, jump rope, get your feet off the floor  
Hey! Hey!  
I ain't worried, doing me tonight  
A little sweat ain't never hurt nobody  
Don't just stand there on the wall  
Everybody, just move your body  
Move your body (4X)  
Everybody, won't you move your body? (2X)  
Hey!  
Can you get me bodied? I wanna be myself tonight (2X)  
Wanna move my body, I wanna let it out tonight  
Wanna party, wanna dance  
Wanna be myself tonight!  
Hey!  
Mission Five, come here, let's go  
Time to move your little hips, vÃ¡monos, vÃ¡monos  
Hey! Hey!  
Mission Six, bring it back real quick  
Do the Running Man and then turn around like this  
Hey! Hey!  
Mission Seven, time to break it down  
Step and touch to the dancehall sound  
Hey! Hey!  
Mission Eight, feel that heart beat race  
Snap your fingers, tap your feet, just keep up with this  
pace

Hey! Hey!  
I ain't worried, doing me tonight  
A little sweat ain't never hurt nobody  
Don't just stand there on the wall  
Everybody, just move your body  
Move your body (4X)  
Everybody, won't you move your body? (2X)  
Hey!  
Can you get me bodied? I wanna be myself tonight (2X)  
Wanna move my body, I wanna let it out tonight  
Wanna party, wanna dance  
Wanna be myself tonight!  
Hey!  
Fellas on the floor, all my ladies on the floor  
Everybody get ready to Move Your Body!  
Baby all I want is to let it go  
Ain't no worries, no  
We can dance all night  
Move your body  
That means come closer to me  
While we dance to the beat  
Move Your Body...  
Now run to the left, to the left, to the left  
Now run to the left, to the left  
Now run to the right, to the right, to the right  
Run back to the right, to the right  
(Repeat)  
Now wave the American flag  
Wave the American flag (3X)  
Hey!  
[Swizz Beatz]  
Now cool off, cool off  
HEY!!!!!!

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