

Betrayed "Self Doubt"

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Like a weight around your neck
Pulling you down under
You try but you can't shake
The feeling that you just can't match up

Desperately hoping for something more
The courage to find it is out of reach
Desperately hoping for something more
That you can't reach

Catch your breath it's time to act
Lost in
It's keeping you from a better life
Self doubt
Catch your breath it's time to act
Lost in

You've got to fight because you're lost
Self doubt
And only you can break it's chains

Panicked days and restless nights
And you can't face the mirror
You, try but you can't shake
The feeling that you can't succeed

It's keeping you from a better life
Like a weight around your neck
Dragging you down under
I know it seems unbreakable
Self doubt - and only you can break it's chains

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