

Beastie Boys

"A Year And A Day"

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M.C. for what I AM and do
The A is for Adam and the lyrics; true
So as pray and hope and the message is sent
And I AM living in the dreams that I have dreamt
Because I'm down with the three the unstoppable three
Me and Adam and D. were born to M.C.
And my body and soul and mind are pure
Not polluted or diluted or damaged beyond cure
Just lyrics from I to you recited
Arrested, bailed but cuffed and indicted
Enter the arena as I take center stage
The lights set low and the night has come of age
Take the microphone in hand as that I am a
professional
Speak my knowledge to the crowd and the ed. is
special
For I AM a bard but not the last one
I'm my own king and this is my castle
Dwell in realms of now but vidi those of the past
Seen a glimpse from ahead and I don't think it's gonna
last
And you can bet your ass

I drop the L. when I'm skiing
I'm smoking and peaking
I put the skis on the roof almost every single weekend
Can't stop the mindfuck when it's rolling along
Can't stop the smooth runnin's when the shit's running
strong
Broke my bindings the lion with wings
Preaching his word in the B-Boy sing
I AM one with myself as I turn to The
I prefer the dreams to reality
I prefer my life don't need no other man's wife
Don't need no crazy lifestyle with stress and strife
But it's good to have turn to be a king for a day
Or for a week or for a year or for a year in a day
Come what may
I'm fishing with my boat and I'm fishing for trout
Mix the Bass Ale with the Guinness Stout
Fishing for a line inside my brain
And looking out at the world through my window pane

Every day has many colors cuz the glass is stained
Everything has changed but remains the same
So once again the mirror raised and I see myself as
clear as day
And I AM going to the limits of my ultimate destiny
Feeling as though Somebody were testing me
He who sees the end from the beginning of time
Looking forward through all the ages is, was and
always shall be
Check the prophetic sections of the pages

He goes by the name of Disco Dave

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