

Barry Manilow**"You're Runnin' Too Hard"**

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Look in the mirror
Tell me what you see
You know that we're alone
You know that you can talk to me

I know what you've been goin' through
I know how bad it's been
But all that pain just don't explain
The shape I see you in

She broke your heart so you're trying to forget
By staying out all night, smoking all those cigarettes
You're faking it with everyone
And faking it real good
But it seems to me your remedy ain't doin' what it
should

Whoa
You're runnin' too hard
And you're runnin' too fast
You know no matter where you go
You can't escape the past
You're runnin' too hard
And it's starting to show
You'd better slow down
'cuz you still got a long way to go

Won't sleep alone so you sleep all over town
You take a pill to wake you up
A drink to bring you down
You tell your friends you're fine again
You love the life you've got
But the more you say that you're ok
The more they know you're not

Party to party
You run from crowd to crowd
You know your jokes are stale
You know your laugh's a little loud

You think a drink

A stranger's wink
Will kill those memories
But it seems to me the cure you seek
Is worse than your disease

Whoa
You're runnin' too hard
And you're runnin' too fast
You know no matter where you go
You can't escape the past
You're runnin' too hard
And it's starting to show
You'd better slow down
'cuz you still got a long way to go

Oh, you'd better stop runnin'!
Ahhh, yeah!

You're runnin' too hard
And you're runnin' too fast
You know no matter where you go
You can't escape the past
You're runnin' too hard
And it's starting to show
You'd better slow down
'cuz you still got a long way to go

Oh, you'd better stop runnin'!
Oh, you'd better stop runnin'!
You'd better stop runnin', runnin'
You'd better stop
You run too hard
You run too hard

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