

Avias

"Work Out"

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Verse1:

I got these niggaz doing workouts when I drop my bars
Pick em up, mines are stronger, cause I come from
mars
Got the whole city tuned in no matter how I roll it
In the schools, public pools, gynasium aerobics
These chickens can't keep up with the lines um too
xclusive
This worlds a big game of hiphop and yall are the
losers
They want me to ghost write their lyrics but beggars
can't be choosers
Yall outkast roses smell like skunk boo boo and sewers
I never felt cocky but they pushing me up to winning
Now that I'm big haters jumping in the air mad and
spinning
I'm the next runner up I got the lame artist benching
Wack rappers working their lyrics out for the attention
Now just do it baby stick it bend and get it get it
By the time yall workouts done I be done dropped four
hits an
I'm getting all yall street credit like a video vixen
Got more money than prostitutes yearly income of
tricking

Chorus: (2x's)

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Verse2:

Now I'm getting more money than buckets of green
gatorade
Got these rappers like weightlifters scared of straining
afraid
Playing these niggaz cds out, like games at an arcade
Trying to put in more work than hotels with fancy maids
Hood niggaz sitting on cartons when I roll through the
hood
Dropping slang to me, other rappers out are no good

Avias you are just so bad we never thought that you
could
We take that back knew you were fire never thought
that you would
I tell em couldnt sit down watch hiphop just go to a
vapor
So I stood up for the real mc's bout money and paper
Lakeland needed better music with hot beats and new
themes
But nawl they di-dnt realize till I start shaping up things
I get more play than kids in the hood at your local
street parks
They compare me to pillar because my lyrics so hard
Flow deeper than a scuba diver at the beach with life
guards
I save these niggaz from lame bars here go my bu-
siness card

Chorus: (2x's)
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