

Atreyu "Dilated"

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Yesterday, I forgot to breathe for like the 6th time this week

Maybe it was the pink cloud strafed sky that changed my mind

And brought me back seems like every day it's kill or be killed

With all this anger, we cannot progress

With all this anger there is no time to inhale and progress

And catch the smell of something that you once knew 'Cause every day it's bear the load or break

When will it be too much?

Have you ever stopped

Raised your face up to the sun and screamed?

Let it out exhale the pain that strangulates your soul

When will I be free? When will I be free? When will I be free?

My lungs take in the fragrance of remorse

What is the cost? Am I living?

If you let your lungs fill up with pain then you will drown

Then you will drown in your own regret, I'm drowning in my own regret

Stop, look around, the stuff you see rebuild, renown

Everything's so beautiful if we just take the time

My arms feel so numb, my heart palpitates missing a beat

The blood freezing in my veins

The taste of rust in my mouth, so today I just threw it all away

I just threw it all away

Though the light burns my eyes I will not be blind

If you blink you could miss so much please don't ever close your eyes

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