

## Annie Stela

### "Breathe Through"

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can i pull this from the air?  
do i have the strength to fight?  
or will i hold my tongue  
til it passes through the warm and balmy night?

and a mother sets the table  
cleans the dishes with her hands  
passed down through the poking and the prodding  
and the "don't let this get in the way of your plans"

oh, when it hits me  
all i can do is just breathe again  
and breathe through  
oh, when it hits me  
all i can do is just breathe again  
and breathe through

can i hope for something more?  
can i hope for something real?  
standing tall in the backyard praying to my trees  
for something to feel

and i hear him pulling up  
i hear the door slammed in  
the slow whistle of his cigarette  
and i all i want is to peel the paint  
the paint from his skin

oh, when it hits me  
all i can do is just breathe again  
breathe through  
oh, when it hits me  
all i can do is just breathe again  
breathe through

and i can't let it go  
can't let it go  
this is the last time i'll feel it there  
i can't let it go because i know  
even if i shut my blinds  
he's still out there

still out there

oh, when it hits me  
all i can do is just breathe again  
breathe through  
oh, when it hits me  
all i can do is just breathe again  
breathe through  
and forget the me  
and the you

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