

## **Anita Renfroe**

### **"Total Momsense"**

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Get up now  
Get up now  
Get up out of bed  
Wash your face  
Brush your teeth  
Comb your sleepy head  
Here's your clothes  
And your shoes  
Hear the words I said  
Get up now  
Get up and make your bed  
Are you hot?  
Are you cold?  
Are you wearing that?  
Where's your books and your lunch and your homework  
at?  
Grab your coat and your gloves and your scarf and hat  
Don't forget you got to feed the cat  
Eat your breakfast  
The experts tell us it's the most important meal of all  
Take your vitamins so you will grow up one day to be  
big and tall  
Please remember the orthodontist will be seeing you at  
three today?  
Don't forget your piano lesson is this afternoon

So you must play  
Don't shovel  
Chew slowly  
But hurry  
The bus is here  
Be careful  
Come back here  
Did you wash behind your ears?  
Play outside  
Don't play rough  
Would you just play fair?  
Be polite  
Make a friend  
Don't forget to share  
Work it out  
Wait your turn

Never take a dare  
Get along  
Don't make me come down there  
Clean your room  
Fold your clothes  
Put your stuff away  
Make your bed  
Do it now  
Do we have all day?  
Were you born in a barn?  
Would you like some hay  
Can you even hear a word I say?  
Answer the phone  
Get Off the phone  
Don't sit so close  
Turn it down  
No texting at the table  
No more computer time tonight  
Your iPod's my iPod if you don't listen up

Where you going and with whom and what time do you  
think you're coming home?  
Saying thank you, please, excuse me  
Makes you welcome everywhere you roam

You'll appreciate my wisdom  
Someday when you're older and you're grown  
Can't wait 'til you have a couple little children of your  
own  
You'll thank me for the counsel I gave you so willingly  
But right now  
I thank you NOT to roll your eyes at me  
Close your mouth when you chew  
Would appreciate  
Take a bite  
Maybe two  
Of the stuff you hate  
Use your fork  
Do not you burp  
Or I'll set you straight  
Eat the food I put upon your plate  
Get an A, Get the door  
Don't get smart with me  
Get a Grip  
Get in here I'll count to 3  
Get a job  
Get a life  
Get a PhD  
Get a dose of...  
I don't care who started it  
You're grounded until your 36

Get your story straight  
And tell the truth for once for heaven's sake  
And if all your friends jumped off a cliff  
Would you jump too?

If I've said it once, I've said at least a thousand times  
before that  
You're too old to act this way  
It must be your father's DNA  
Look at me when I am talking  
Stand up straight when you walk  
A place for everything  
And everything must be in place  
Stop crying or I'll give you something real to cry about  
Oh!  
Brush your teeth  
Wash your face  
Get your PJs on  
Get in bed  
Get a hug  
Say a prayer with Mom  
Don't forget  
I love you  
\*\*KISS\*\*

And tomorrow we will do this all again because a  
mom's work never ends  
You don't need the reason why  
Because  
Because  
Because  
Because  
I said so  
I said so  
I said so  
I said so  
I'm the Mom  
The mom  
The mom  
The mom  
The mom  
Ta-da

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