

## **August Burns Red "Paradox"**

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Bite your tongue until it bleeds  
This pain is worth more than what you have to say  
Swallow your pride because silence is golden  
And I wouldn't pay a penny to hear your thoughts

Lie down your guard and surrender  
All that you're proving is your ignorance  
Lie down your guard and surrender  
All that you're proving is your ignorance

Choose your words carefully  
He that keeps his mouth keeps his life  
He that opens his lips too wide  
Shall bring on his own destruction

Bite your tongue until it bleeds  
The pain is worth more than what you have to say  
Swallow your pride, swallow your pride because silence  
is golden  
And I wouldn't pay a penny to hear your thoughts

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