Audio Adrenaline "Get Down"

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Lavishly our lives are wasted, humbleness is left untasted
You can't live your life to please yourself, yeah
That's a tip from my mistakes
Exactly what it doesn't take
To win you've got to come in last place, yeah

To live your life you've got to lose it And all the losers get a crown

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

All I need is another day where I can't seem to get away
From the many things that drag me down
I'm sure you've had a day like me
Where nothing seems to set you free
From the burdens you can't carry all alone

In your weakness He is stronger In your darkness He shines through When you're crying He's your comfort When you're all alone He's carrying you

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

This valley is so deep I can barely see the sun I cry out for mercy, Lord You lift me up again

I get down and He lifts me up

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I get down, He lifts me up
I get down
I get down
I get down, He lifts me up
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I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down, yeah

Down, I get down, I get down, I get down
I get down, He lifts me up
I get down, He lifts me up
I get down, He lifts me up
I get down

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

I get down, He lifts me up
I get down, He lifts me up
I get down, He lifts me up
Every time I'm down and low He lifts me up
Alright

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