

Alanis Morissette

"The Couch"

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You hadn't seen your father in such a long time
He died in the arms of his lover how dare he
Your mother never left the house
She never married anyone else you took it upon
yourself to console her
You reminded her so much of your father
So you were banished and you wonder why you're so
hypersensitive
And why you can't trust anyone but us
But then how can I begin to forgive her so many years
under bridges
With dirty
Water
She was foolish and selfish and cowardly if you ask me
I don't know where to being in all of my 50 odd years
I have been silently suffering and adapting
perpetuating and enduring
Who are you younger generation to tell me that I have
unresolved
Problems
Not many examples of fruits of this type of excruciating
labour
How can you just throw words around like grieve and
heal and mourn
I feel find we may not have been born as awake as you
were
It was much harder in those days we had paper routes
uphill both ways
We went from school to a job to a wife instant
parenthood
I walked into his office I felt so self-conscious on the
couch
He was sitting down across from me he was writing
down his hypothesis
I don't
Know
I've got a loving supportive wife who doesn't know how
involved she
Should get
You say his interjecting was him just calling me on my
shit?
Just the other day my sweet daughter I was driving past

203 I walked
Up the
Stairs in my mind's eye
I remember how they would creak loudly
She was only responsive with a drink he was only
responsive by photo
I was only trying to be the best big brother I could
I've walked sometimes confused sometimes ready to
crack open wide
Sometimes indignant sometimes raw
Can you imagine I pay him 75 dollars an hour
sometimes
It feels like highway robbery
And sometimes it's peanuts
I wish it could last a couple more hours
So here we both are battling similar demons (not
coincidentally)
You see in getting beyond knowing it solely
intellectually you're not
Relinquishing your majesty
You are wise you are warm you are courageous you are
big
And I love you more now than I ever have in my whole
life

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