

## **Alanis Morissette**

### **"Numb"**

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I feel slow and encumbered and defeated and drawn  
Disappointed, over-extended and frustrated and shaken  
This over-feeling, over-loving, this curtaining goes on  
with low chance of intermission I'll be checked out - I'll be gone

Have to remove myself from sensation

here comes a feeling  
I run from the feeling and reach for the drug  
can't sit with this feeling  
I'd rather be flying and comfortably numb

I feel anxious  
I feel nervous and unloved  
I'm overwhelmed, rather be out of my gourd

Have to remove myself from sensation

here comes a feeling  
I run from the feeling and reach for the drug  
can't sit with this feeling  
I'd rather be flying and comfortably numb

I am lonely  
I feel hungry and unloved  
I feel angry  
I am livid need a hug

here comes a feeling  
I run from the feeling and reach for the drug  
can't sit with this feeling  
I'd rather be flying and comfortably numb

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