

## Alan O'Day

### "Don't Hold Back"

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(Lead vocal - Clare Torry)

Some are born to lose their heads  
And some are born to use them  
And some will never know their ends  
And some are born to choose them

Don't let your fantasies be blinded by the light  
You don't have to save your wildest dreams for the  
night

don't hold back, don't hold back, don't hold back,  
reach out  
Touch the sky with your mind's eye, don't be afraid to  
reach out  
Some you win and some you lose  
And some will bring you sorrow  
Some are born to lead the rest  
And some are born to follow  
Don't rely on miracles to open any door  
And don't let a shadow be your guide anymore

don't hold back, don't hold back, don't hold back,  
reach out  
Touch the sky with your mind's eye, don't be afraid to  
reach out  
Ride the wave of destiny  
Rise above the crest  
And believe everything that happens to you happens  
for the best  
Don't allow the world of men  
To turn your head no more  
Cause if you can't let yourself go  
What are you saving yourself for?

don't hold back, don't hold back, don't hold back,  
reach out  
Touch the sky with your mind's eye, don't be afraid to  
reach out

Don't let your fantasies be blinded by the light

For you don't have to save your wildest dreams for the  
night

don't hold back, don't hold back, don't hold back,  
reach out

Touch the sky with your mind's eye, don't be afraid to  
reach out

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